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Media Release

RUH launches 'Caring For You' events for members

The Royal United Hospital has successfully launched a series of events for NHS Foundation Trust members, called Caring For You.

Fifty-five public members attended the first event, on Wednesday 14 December, which focused on 'The Rise and Fall of the Superbug'.

The event was led by the hospital's Infection Control team, who spoke about the progress which has been made on superbugs such as MRSA and *Clostridium difficile* and the dangers of bringing the diarrhoea and vomiting bug Norovirus into the RUH.

Along with the presentation on superbugs, the evening included an interactive quiz and members were given the chance to meet the medics to ask them any questions. The team also demonstrated the importance of washing your hands correctly using 'glowboxes' which use UV light to simulate the appearance of bacteria on hands which have been washed using special cream.

Brian Stables, the Trust's Chairman, says: "I am delighted that so many members were able to attend the first of our Caring For You events to hear how important infection control is to the Trust and to outline what visitors can do to help us reduce our infection rates. The feedback received has been extremely positive and I look forward to meeting many more members at the next event."

One of those who attended, Marlene Nolan from Bradford-on-Avon said "I am so glad that my husband and I joined to become members of the Foundation Trust, we thoroughly enjoyed the session and look forward to the next one."

Over the coming months the RUH will be hosting a number of Caring For You events covering a range of topics including Seasonal Affective Disorder (SAD), Pain Management and Breast Cancer.

Future events will be by personal invitation to members who said they want to be more involved and have stated an interest in the topic being discussed. The events will also be publicised on the RUH website, www.ruh.nhs.uk, on Facebook at www.facebook.com/RUHBath, and on Twitter at www.twitter.com/RUHBath

So if you're not already a member and would like to attend future events there are lots of ways to sign up and have your say. For membership forms, call the Foundation Trust Membership Office on 01225 821299, or write to us at FREEPOST RSLZ-GHKG-UKKL, Foundation Trust Membership Office, Department C27, Royal United Hospital Bath NHS Trust, Combe Park, Bath, BA1 3NG. Alternatively you can sign up online by visiting www.ruh.nhs.uk/foundationtrust