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## **Rugby Stars celebrate achievements of RUH Stars**

To mark national Learning at Work Day (Thursday 14 May), Bath Rugby team members Danny Grewcock and Brad Davis will be at the RUH at 4pm to help celebrate achievements that hospital staff have made through learning, education and development.

Over the last few weeks, staff around the hospital have been nominating their colleagues by completing their details on 'gold stars'. Today over 100 gold stars will displayed in the hospitals Lansdown foyer.

'Gold learning star' staff nurse Trudie Young from Bath was nominated by her colleagues for her achievements that have set her firmly on a career path in nursing. Trudie initially worked as a hospital domestic but took training and development opportunities her become a staff nurse with a degree.

Trudy says: "The support network I've had at the RUH from the first day that I was a student right up to today has been excellent. I still receive the help and encouragement that I need.

"Education raises your self esteem. It raises your self awareness. It's opened up my eyes to who I am, where I am and where I want to go. I couldn't have got where I have today without others recognising my potential because you don't always see it in yourself."

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Staff from the hospital's education department will also be on hand today to give information and advice on the range of development opportunities that exist in the trust as well as details of training available externally.

Each gold learning star is being entered into a draw and will have the opportunity to win one of the many exciting quality prizes donated by local businesses in and around Bath.

## **ENDS**

## **Notes**

- There will be a photo opportunity with Trudie at 3pm in the Lansdown foyer and one at 4pm with Bath Rugby stars.
- Further information about Trudie's career pathway is attached
- Please call the communications office if you would like to talk directly to two other RUH staff – our water and air hygiene manager and our nurse consultant for cancer - about their achievements through learning.