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## **Media Release**

## A splash of colour cheers patients at the RUH

Artist Anna Shuttlewood is helping to cheer up patients in the plaster room at the Royal United Hospital, with her creative and colourful murals. Rather than staring at bare walls, everyone can lose themselves in a riot of colour, animals, stars, rainbows and flowers.

Adele O'Connor, staff nurse at the Royal United Hospital, says: "Works of art on this scale can be a great distraction, particularly for some of our younger patients. It gives them something else to focus on for a little while. It also improves the environment we work in, bringing life and colour to our surroundings. It's been fascinating watching Anna create the murals and bring them to life. We are very grateful to Hetty Dupays, the hospital arts co-ordinator and the Hospital Friends for making this possible."

Anna is a muralist, painter and illustrator who studied at the National Academy of Arts in Sofia, Bulgaria. She approached the RUH arts co-ordinator about painting some murals within the hospital and the plaster room staff are delighted that her art is now brightening their walls.

Anna says: "I try to create peace, fun, and harmony and understanding in my art, I want it to take people out of their everyday worries. I was delighted that the RUH were happy for me to design and paint some murals and that staff and patients are enjoying them."

Anna has painted murals in the Hotel Bloom, Brussels, and the Philosophy Library of Sofia University and in the Tzaritsa Yoanna hospital in Sofia.

## **Ends**