

## Carly Giddings

**Currently working as...** a Junior Sister in ED

**Joined the RUH as...** a Junior Sister

**How long have you been at the RUH?** 18 months

**Where do you live?** Bristol

**Where are you from originally?** Salisbury

"I came to the RUH, as I wanted to progress my career – and I knew that the RUH was the place I could make that happen.

"I had been looking for an opportunity to join the RUH, so when an opening came up for a Junior Sister, I jumped at the chance. I came in to meet the team and talk to ED Matron Mandy Rumble. I loved the vision the department had for the future and how they always seemed to be on the front foot when it came to career progression. I was particularly drawn by the proposition of training as an ED Advanced Nurse Practitioner. That's something very much in my sights.

"I have always been interested in teaching and sharing my knowledge; I currently teach here at the RUH and at UWE alongside my nursing role, and I'm also a trainer in the Advanced Life Support course. When I came to the RUH, I brought my skills as a Major Trauma Nurse Practitioner with me. Far from losing those skills, the team have taken full advantage of my knowledge and I have been involved in helping to develop the trauma service at the RUH.

"ED is a fast-paced and demanding environment. But when things get tough here, the team pulls together amazingly. We all rally together, and there are great working relationships between all the medical staff. We operate as one big team – doctors, nurses, HCAs, ED Assistants – all working together for the benefit of our patients.

"I wouldn't want to be anywhere else."

*"There is a clear development programme in place to help you reach where you want to be - whatever band you join as"*

*"The training and development opportunities really set the RUH apart from other Trusts"*

*"I needed to make my next move the right move. The RUH was the logical choice."*

*"We all rally together, and there are great working relationships between all the medical staff"*