

Pain Assessment tool for Neuropathic Pain

Diagnosing Neuropathic Pain - Questionnaire

Please choose one answer for each item in the 4 questions below.

Interview of the Patient

Question 1: Does the pain have one or more of the following characteristics?

- | | |
|--------------------|----------|
| 1. Burning | Yes / No |
| 2. Painful Cold | Yes / No |
| 3. Electric Shocks | Yes / No |

Question 2: Is the pain associated with one or more of the following symptoms in the same area?

- | | |
|---------------------|----------|
| 4. Tingling | Yes / No |
| 5. Pins and Needles | Yes / No |
| 6. Numbness | Yes / No |
| 7. Itching | Yes / No |

Examination of the Patient

Question 3: Is the pain located in an area where the physical examination may reveal one or more of the following characteristics?

- | | |
|--------------------------|----------|
| 8. Hypoesthesia to touch | Yes / No |
| 9. Hypoesthesia to prick | Yes / No |

Question 4: In the painful area, can the pain be caused or increased by:

- | | |
|---------------|----------|
| 10. Brushing? | Yes / No |
|---------------|----------|

TO COLLATE:

Score 1 to each **YES** answer

Score 0 to each **NO** answer

If the score is 4 or higher then the pain is **likely** to be **neuropathic** pain.

If the score is less than 4 then the pain is **less likely** to be neuropathic pain.