

This leaflet explains what diagnostic tests and treatments you may require following diagnosis of oesophagus or stomach cancer. It explains who will be looking after you and who you can contact for advice or additional support should you need it.



RUH



Your main contacts

Your keyworker is your main point of contact from diagnosis and thereafter. Even if your treatment is carried out in Bristol your keyworker can still be contacted if needed for advice or support.

Key worker/Nurse Specialist:

Jo Price
Upper GI Nurse Specialist
RUH 01225 821453

Other Nurse Specialists:

Bernadette Panes
01225 821403
RUH cover in absence of key worker

Ruth Harding/Charlotte Phipps
0117 342 3004
BRI cover

Consultant Surgeons (Oesophagogastric):

Mr Krysztopik
RUH 01225 824543

Prof Blazeby / Mr Barham /Mr Streets / Mr Hollowood
Mr Titcomb
BRI 0117 342 4007

Oncologists:

Dr Medley RUH 01225 824318

Dr Falk BRI 0117 342 241

Diagnostic Tests

It may be necessary for you to have one or more of the following investigations to enable your surgeon to make a diagnosis

- Gastroscopy at the RUH
- CT at the RUH
- Endoscopic Ultrasound at the Bristol Royal Infirmary
- PET scan at Cheltenham
- Laparoscopy at the RUH.

Please see accompanying oesophagus/stomach booklet for further details on these tests.

All of these tests may be needed before a treatment plan can be recommended. This can be frustrating for you and your family but they are crucial in order to determine the most effective treatment for you.

Treatments

Following all investigations a treatment plan will be recommended following a team meeting which is held at the BRI on a Friday morning. The team is made up of specialists in oesophagogastric work; surgeons, radiologists, pathologists, oncologists and specialist nurses.

Chemotherapy

This may be given prior to surgery, used on its own or as part of a trial and is usually given at the RUH as an outpatient unless you are told otherwise.

Surgery

Preoperative assessment and surgery is carried out at the BRI but all other appointments can usually be at the RUH. Follow-up post surgery can always be done at the RUH.

Chemoradiation

This treatment can sometimes be recommended as an alternative to surgery, and involves both chemotherapy and radiotherapy treatment, which is carried out by Dr Falk at the BRI. This treatment cannot be carried out at the RUH.

Radiotherapy

This treatment can sometimes be given at the RUH.

Stent

This procedure is carried out at the RUH and can be arranged by the keyworker as appropriate if other treatments are not recommended.

Consultation

Following all appropriate investigations you will have the opportunity to discuss treatment options in clinic and a plan will be put in place. You will also receive a copy of the clinic letter which is sent to your GP, to confirm plans.

Other members of the team

- Dieticians
- Nutrition nurse specialists
- Hospital palliative care team
- Dorothy House nurse specialists
- Research nurse specialists
- Cancer information nurse.
- Clinical Psychologist

These can be contacted via keyworker if appropriate.

Support Group

Gastro/Oesophageal Support and Help Group (GOSH) is an initiative by former patients for current patients and their carer/s. This group provides opportunities to meet and talk about common concerns in relaxed surroundings and hear relevant talks by health professionals

Contact Issy Battiwalla or Rachel Newport on 0117 4140 515 for further details.

More information

Jo Price, Upper Gastrointestinal Nurse Specialist
Gastroenterology/Surgical Dept B57
Royal United Hospital
Bath BA1 3NG
01225 821453

