

Vegan Menu



Whether influenced by culture, religion or ethical choice, we are pleased to offer a selection of meals to suit patients beliefs as well as nutritional requirements. This menu is designed to support those following a vegan diet. It is intended to offer additional choice to the suitable items from the main Patient menus.

Ward.....Bay Number.....
Patient Name.....

PLEASE MARK WITH A ✓ IN THE BOX BELOW WITH YOUR MEAL CHOICE. **TICK ONE BOX ONLY**

Meal Choice (Lunch)

<input type="checkbox"/>	<u>Homemade Soups</u> :- Butterbean & Leek, Carrot & Coriander or Sweet Potato & Roasted Red Pepper. <i>(All Contain:- Celery)</i>
<input type="checkbox"/>	<u>Sandwiches</u> :- Wholemeal or White <i>(Contains:- Wheat, Soya)</i> Peanut Butter <i>(Contains:- Peanuts)</i> May contain - Nuts Vegan Grated Cheese <i>(Contains:- None of the main 14 allergens)</i> Strawberry or Raspberry Jam <i>(Contains:- None of the main 14 allergens)</i> Salad - Lettuce, Oak Leaf, Tomato, Cucumber Please circle your choices above
<input type="checkbox"/>	Jacket Potato with Baked Beans &/or Grated Vegan Cheese. <i>(Contains:- None of the main 14 allergens as ingredients)</i> Side dishes available from main patient menu
<input type="checkbox"/>	Vegan Sausages x 2. <i>(Contains:- Soya)</i> Side dishes available from main patient menu
Please note :- <u>All main course options below are complete meals.</u>	
<input type="checkbox"/>	BBQ Jackfruit with White Rice & Mixed Vegetables. <i>(Contains:- Gluten Free Barley Malt Extract)</i>
<input type="checkbox"/>	Aubergine, Green Peas with Pigeon pea Dal & Basmiti Rice. <i>(Contains:- Mustard)</i> May contain - Nuts
<input type="checkbox"/>	Mixed Capsicum Peppers, Potato & Whole Green Lentils with Cumin Rice. <i>(Contains:- Mustard)</i> May contain - Nuts
<input type="checkbox"/>	Cauliflower, Green Peas with Pidgeon Pea Dal & Basmiti Rice. <i>(Contains:- Mustard)</i> May contain - Nuts
<input type="checkbox"/>	Cauliflower, Aubergine, Red Chick Peas & Split Red Lentils with Spinach Rice. <i>(Contains:- Mustard)</i> May contain - Nuts
<input type="checkbox"/>	Provençale Vegetable Bake with Green Beans, Broccoli & Peas. <i>(Contains:- None of the main 14 allergens as ingredients)</i>
<input type="checkbox"/>	Spicy Bean Casserole with Potato Wedges, Broccoli, Peas & Sweetcorn. <i>(Contains:- None of the main 14 allergens as ingredients)</i>
<input type="checkbox"/>	<u>Desserts</u> :- Vanilla Vegan Ice Cream <i>(Contains Soya)</i> Alpro Plant Based Dessert—Vanilla or Chocolate <i>(Contains Soya)</i> Please circle your choice above
While every effort is made to provide all of the meals above, they are subject to availability.	

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Patient Name.....

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Meal Choice (Supper)

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