

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

▼ **MARK AGAINST ONE ITEM ONLY FROM EACH SECTION**

- 1. Chicken Curry** DRFA
(Contains, Mustard)
- 2. Salmon & Broccoli Bake** DA
(Contains, Fish, Wheat, Milk)
- 3. Plain Omelette** VDF
(Contains, Egg, Milk)
- 4. Sausages** DA
(Contains, Wheat, Gluten, Sulphites)
- 5. Wholemeal Egg Mayonnaise Sandwich** VD
(See Packaging for allergy advice)

- 6. Fresh Sliced Carrots** ♥ VDRF
- 7. Mixed Salad** ♥ VDRF
- 8. Baked Beans** ♥ VDRF

- 9. Creamed Potatoes** ♥ VDRF
(Contains, Milk)
- 10. Croquette Potatoes** VD
(Contains, Milk, Wheat, Gluten)
- 11. Boiled Rice** ♥ VDRF

- 12. Apple Crumble** VA
(Contains Egg, Wheat, Oat, Sulphites)
- 13. Diabetic Apple Crumble** VD
(Contains, Wheat, Milk)
- 14. Vanilla Ice Cream** VD
(Contains, Milk)
- 15. Low Fat Fruit Yoghurt** ♥ VF
(Contains, Milk)
- 16. Fresh Apple** ♥ VDRF

- 17. Custard** VFA
(Contains, Milk)
- 18. Sugar Free Custard** ♥ VDRF
(Contains, Milk)

MARK WITHIN BOX NEXT TO CHOSEN FOOD



Cholesterol Lowering / Healthy Heart

V Vegetarian

D Low Sugar

F Low Fat

R Weight Reducing

Δ High Calorie

ADVISE OF SPECIAL DIET HERE

For Cultural & Religious Diet information Please see back of menu card.

Large print menu available upon request.

Fresh fruit is available on request from the ward staff
We try to provide the listed menu items but occasionally items may be subject to change

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- 1. Fresh Homemade Parsnip & Potato Soup** ♥ VDRF
(Contains, Celery, Sulphites, Soya, Wheat, Milk)

- SANDWICH CHOICE**
- Cheese & Pickle 2.0 White 3.0 W/Meal** ♥ DRFA
*White (Contains, Wheat, Soya, Gluten, Barley, Sulphites, Milk)
W/Meal(Contains, Wheat, Soya, Gluten, Barley, Sulphites, Milk)*
- Corned Beef 4.0 White 5.0 W/Meal** DR
*White (Contains, Wheat, Soya, Gluten)
W/Meal (Contains, As above plus Barley)*

- HOTMEAL CHOICE**
- 6. Cold Scotch Egg** DA
Contains, Egg, Wheat, Gluten)
- 7. Sweet Potato & Bean Chilli** VDRF

- Finger Food Platter 8.0 Meat 9.0 Vegetable**
(Please contact kitchen for allergy advice)
- 10. Baked Beans** ♥ VDRF
- 11. Mixed Salad** ♥ VDRF

- 12. Creamed Potatoes** ♥ VDRF
(Contains, Milk)
- 13. Boiled Rice** ♥ VDRF

- 14. Raspberry Ripple Mousse** VA
(Contains, Milk)
- 15. Jam Tart** VA
(Contains, Egg, Wheat, Gluten)
- 16. Mandarins in Natural Juice** ♥ VDRF
- 17. Low Fat Fruit Yoghurt** ♥ VF
(Contains, Milk)
- 18. Vanilla Ice Cream** VD
(Contains, Milk)
- 19. Cheddar Cheese & Crackers** VFA
(Contains, Gluten, Milk)

- 20. Satsuma** ♥ VDRF

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We want you to let us know what you think about the food and meal service. Please fill out the questionnaire overleaf to help us provide you with a high quality service.