

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

= Healthier Choice = High Calorie = Vegetarian = Textured E Fork Mashable

MARK AGAINST ONE ITEM ONLY FROM EACH SECTION

During your stay in hospital it is important that you have enough calories and protein to aid your recovery. You can choose any of the foods on our menus, which are all suitable for normal and diabetic diets

- 1. Chicken Curry E
(Contains, Mustard)
- 2. Salmon & Broccoli Bake E
(Contains, Fish, Wheat, Milk)
- 3. Plain Omelette V E
(Contains, Egg, Milk)
- 4. Cumberland Sausages
(Contains, Wheat, Gluten, Sulphites)
- 5. Wholemeal Egg Mayo Sandwich V
(See Packaging for allergy advice)

- 6. Fresh Sliced Carrots V E
- 7. Mixed Salad V
- 8. Baked Beans V E

- 9. Boiled Rice V
- 10. Creamed Potatoes V E
(Contains, Milk)
- 11. Croquette Potatoes V
(Contains, Milk, Wheat, Gluten)

- 12. Apple Crumble V E
(Contains Egg, Wheat, Oat, Sulphites)
- 13. Stewed Plums V E
- 14. Vanilla Ice Cream V E
(Contains, Milk)

- 15. Custard V E
(Contains, Milk)

- 16. Fresh Satsuma V

SPECIAL DIETARY ADVICE

Special diets

If you require a special diet, the ward staff will order it for you.

Gluten Free, Low Salt and Vegan menus are available from the nursing staff who will print a copy off for you from the Trusts Intranet pages.

Food Allergens

All food allergens deliberately added to foods we serve are identified in brackets directly below the listed menu items

Cultural and Religious Meals

Kosher, Halal and Caribbean meals are available from the kitchen on request

Please advise of special diet requirements here:-

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- 1. Fresh Homemade Parsnip & Potato Soup**  **V**
(Contains, Celery, Sulphites, Soya, Milk)

SANDWICH CHOICE

- Cheese & Pickle** **2. White** **3. W/Meal** **↑ V**
White (Contains, Wheat, Soya, Gluten, Barley, Sulphites, Milk)
W/Meal (Contains, Wheat, Soya, Gluten, Barley, Sulphites, Milk)

- Corned Beef** **4. White** **5. W/Meal** **↑**
White (Contains, Wheat, Soya, Gluten)
W/Meal (Contains, As above plus Barley)

HOT MEAL CHOICE


- 6. Cold Scotch Egg** **↑**
(Contains, Egg, Wheat, Gluten)
- 7. Sweet Potato & Bean Chilli**  **V E**
(Contains,)

- Finger Food Platter** **8. Meat** **9. Vegetable**
(Please contact kitchen for allergy advice)

- 10. Baked Beans**  **↑ V E**
- 11. Mixed Salad**  **V**
- 12. Creamed Potatoes**  **V E**
(Contains, Milk)
- 13. Boiled Rice**  **V**

- 14. Raspberry Ripple Mousse** **V E**
(Contains, Milk)
- 15. Jam Tart** **V**
(Contains, Egg, Wheat, Gluten)
- 16. Fruit Salad in Natural Juice**  **V E**
- 17. Low Fat Fruit Yoghurt**  **V E**
(Contains, Milk)
- 18. Vanilla Ice Cream** **↑ V E**
(Contains, Milk)
- 19. Cheddar Cheese & Crackers** **↑ V**
(Contains, Gluten, Milk)

- 20. Fresh Apple**  **V**

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Your experience

We would like you to tell us what you think about the food service. Please fill out the questionnaire overleaf and hand to a member of the ward staff. Your comments will be used to help us develop our menus and provide you with a high quality service.

Please advise of special diet requirements here:-