

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

= Healthier Choice = High Calorie **V** = Vegetarian **E** = Textured E Fork Mashable

▼ MARK AGAINST ONE ITEM ONLY FROM EACH SECTION

During your stay in hospital it is important that you have enough calories and protein to aid your recovery. You can choose any of the foods on our menus, which are all suitable for normal and diabetic diets

- 1. Braised Faggot x1 in Onion Gravy
(Contains, Wheat, Oat, Gluten, Soya) E
- 2. Vegetarian Cottage Pie
(Contains, Egg, Barley, Milk, Sulphites) V E
- 3. Cold Sliced Roast Ham
- 4. Jacket Potato with Grated Cheese
(Contains, Milk) V E
- 5. W/meal Chicken Mayo Sandwich
(See Packaging for allergy advice)

- 6. Garden Peas V E
- 7. Fresh Sliced Carrots V E
- 8. Mixed Salad V
- 9. Baked Beans V E

- 10. Creamed Potatoes
(Contains, Milk) V E
- 11. Boiled Potatoes V E

- 12. Lemon Sponge V E
(Contains, Wheat, Egg)
- 13. Fruit Cocktail in Natural Juice V E
- 14. Vanilla Ice Cream V E
(Contains, Milk)

- 15. Custard V E
(Contains, Milk)

- 16. Fresh Apple V

SPECIAL DIETARY ADVICE

Special diets

If you require a special diet, the ward staff will order it for you.

Gluten Free, Low Salt and Vegan menus are available from the nursing staff who will print a copy off for you from the Trusts Intranet pages.

Food Allergens


All food allergens deliberately added to foods we serve are identified in brackets directly below the listed menu items

Cultural and Religious Meals


Kosher, Halal and Caribbean meals are available from the kitchen on request


Please advise of special diet requirements here:-

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- 1. Fresh Homemade Carrot & Coriander Soup**  **V**
(Contains, Celery, Soya)

SANDWICH CHOICE

- Ham **2. White** **3. W/Meal**  **↑**
White (Contains, Wheat, Soya, Gluten)
W/Meal (Contains, As above plus Barley)

- Egg Mayonnaise **4. White** **5. W/Meal**  **↑**
White (Contains, Wheat, Soya, Gluten, Egg, Mustard)
W/Meal (Contains, As above plus Barley)

HOT MEAL CHOICE

- 6. Chicken & Mushroom Slice**  **↑**
(Contains, Wheat, Gluten, Milk, Soya, Celery)

- 7. Cheese & Tomato Omelette**  **↑ V E**
(Contains, Egg, Milk)

- Finger Food Platter** **8. Meat** **9. Vegetable**
(Please contact kitchen for allergy advice)

- 10. Plum Tomatoes**  **V E**

- 11. Baked Beans**  **↑ V E**

- 12. Mixed Salad**  **V**

- 13. Creamed Potatoes**  **V E**
(Contains, Milk)


- 14. Croquette Potatoes** **V**
(Contains, Milk, Wheat, Gluten)

- 15. Strawberry Milk Jelly**  **↑ V**
(Contains, Milk)

- 16. Bakewell Tart**  **↑ V**
(Contains, Egg, Milk, Wheat, Gluten)

- 17. Peaches in Natural Juice**  **V E**

- 18. Low Fat Fruit Yoghurt**  **V E**
(Contains, Milk)

- 19. Vanilla Ice Cream**  **↑ V E**
(Contains, Milk)

- 20. Cheddar Cheese & Crackers**  **↑ V**
(Contains, Gluten, Milk)

- 21. Fresh Satsuma**  **V**

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Your experience

We would like you to tell us what you think about the food service. Please fill out the questionnaire overleaf and hand to a member of the ward staff. Your comments will be used to help us develop our menus and provide you with a high quality service.

Please advise of special diet requirements here:-