

Patient's Name..... Bay Number.....
Ward..... Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER (Choose 1 of the following)		VG	GF	HH	HC
<input type="checkbox"/>	Thick Vegetable Soup <small>(contains: Milk, Barley, Wheat) (may contain: Eggs, Soya)</small>	✓		♥	
MAIN COURSE (Choose 1 of the following)					
<input type="checkbox"/>	Roast Pork		⊗		↑
<input type="checkbox"/>	Cauliflower & Broccoli Pasta Bake <small>(contains: Milk, Celery) (may contain: Soya)</small>	✓	⊗	♥	↑
<input type="checkbox"/>	Ham Salad (may contain: Mustard)		⊗		
<input type="checkbox"/>	Beef Salad (may contain: Mustard)		⊗	♥	
<input type="checkbox"/>	Grated Cheddar Cheese Salad (contains: Milk) (may contain: Mustard)	✓	⊗	♥	↑
<input type="checkbox"/>	Wholemeal Tuna Mayo Sandwich <small>(contains: Wheat, Fish, Eggs) (may contain: Sesame, Soya)</small>			♥	↑
<input type="checkbox"/>	White Tuna Mayo Sandwich <small>(contains: Wheat, Fish, Eggs) (may contain: Sesame, Soya)</small>			♥	↑
<input type="checkbox"/>	Wholemeal Cheddar Cheese Sandwich <small>(contains: Milk, Wheat) (may contain: Sesame, Soya)</small>	✓		♥	↑
<input type="checkbox"/>	White Cheddar Cheese Sandwich <small>(contains: Milk, Barley, Wheat, Sesame, Soya)</small>	✓		♥	↑
<input type="checkbox"/>	Vegetarian Finger Food Platter (contains: Milk, Egg, Wheat)	✓			↑
<input type="checkbox"/>	Meat Finger Food Platter (contains: Milk, Egg)		⊗		↑
VEGETABLES & POTATOES (Choose 2 of the following)					
<input type="checkbox"/>	Brussels Sprouts	✓	⊗	♥	
<input type="checkbox"/>	Sliced Carrots	✓	⊗	♥	
<input type="checkbox"/>	Roast Potatoes	✓	⊗	♥	
<input type="checkbox"/>	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
ACCOMPANIMENT					
<input type="checkbox"/>	Gravy	✓	⊗		
DESSERTS (Choose 1 of the following)					
<input type="checkbox"/>	Chef's Rice Pudding (contains: Milk)	✓			↑
<input type="checkbox"/>	Pineapple Pieces in Natural Juice	✓	⊗	♥	
<input type="checkbox"/>	Cheese Spread & Crackers <small>(contains: Milk, Wheat) (may contain: Sesame, Eggs)</small>	✓			↑
DESSERT ACCOMPANIMENT (Choose 1 of the following)					
<input type="checkbox"/>	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER (Choose 1 of the following)		VG	GF	HH	HC
<input type="checkbox"/>	Sweet Potato & Red Pepper Soup (contains: Milk, Celery)	✓	⊗	♥	
<input type="checkbox"/>	Orange Juice	✓	⊗	♥	
<input type="checkbox"/>	Apple Juice	✓	⊗	♥	
MAIN COURSE (Choose 1 of the following)					
<input type="checkbox"/>	Wholemeal Chicken Mayo Sandwich (contains: Wheat, Sesame, Eggs) (may contain: Soya)			♥	↑
<input type="checkbox"/>	White Chicken Mayo Sandwich (contains: Wheat, Eggs) (may contain: Sesame, Soya)			♥	↑
<input type="checkbox"/>	Wholemeal Egg Mayo Sandwich (contains: Wheat, Barley, Mustard, Eggs) (may contain: Sesame, Soya)	✓		♥	↑
<input type="checkbox"/>	White Egg Mayo Sandwich (contains: Wheat, Eggs, Mustard, Sesame, Soya)	✓		♥	↑
<input type="checkbox"/>	Chicken Meatballs in Mushroom & White Wine Sauce (contains: Milk, Wheat, Sulphites)				↑
<input type="checkbox"/>	Sweet & Sour Vegetables (contains: Soya)	✓	⊗	♥	
<input type="checkbox"/>	Vegetarian Finger Food Platter (contains: Milk, Egg, Wheat)	✓			
<input type="checkbox"/>	Meat Finger Food Platter (contains: Milk, Egg)		⊗		
<input type="checkbox"/>	Jacket Potato & Baked Beans	✓	⊗	♥	
<input type="checkbox"/>	Jacket Potato & Grated Cheese (contains: Milk)	✓	⊗	♥	↑
<input type="checkbox"/>	Grated Cheddar Cheese Salad (contains: Milk) (may contain: Mustard)	✓	⊗	♥	↑
VEGETABLES & POTATOES (Choose 2 of the following)					
<input type="checkbox"/>	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Potato Hash Browns	✓	⊗	♥	
<input type="checkbox"/>	Broccoli & Cauliflower Floret Mix	✓	⊗	♥	
<input type="checkbox"/>	Steamed White Rice	✓	⊗	♥	
<input type="checkbox"/>	Seasonal Side Salad (may contain: Mustard)	✓	⊗	♥	
DESSERTS (Choose 1 of the following)					
<input type="checkbox"/>	Chocolate & Vanilla Swirled Mousse (contains: Milk)	✓	⊗	♥	↑
<input type="checkbox"/>	Full Fat Yoghurt (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Fruit Cake Slice (contains: Milk, Wheat, Eggs) (may contain: Nuts, Soya)	✓			↑
DESSERT ACCOMPANIMENT (Choose 1 of the following)					
<input type="checkbox"/>	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	Apple	✓	⊗	♥	