

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

| | STARTER (Choose 1 of the following) | VG | GF | HH | HC |
|--|--|----|----|----|----|
| <input type="checkbox"/> | Chicken Soup <small>(contains: Milk, Wheat) (may contain: Mustard, Eggs, Soya)</small> | | | ♥ | |
| MAIN COURSE (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Battered Cod (contains: Fish, Wheat) | | | | ↑ |
| <input type="checkbox"/> | Vegetable & Bean Cottage Pie (contains: Celery, Soya) | ✓ | ⊗ | ♥ | ↑ |
| <input type="checkbox"/> | Ham Salad (may contain: Mustard) | | ⊗ | | |
| <input type="checkbox"/> | Egg Salad (may contain: Mustard) | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Grated Cheddar Cheese Salad (contains: Milk) (may contain: Mustard) | ✓ | ⊗ | ♥ | ↑ |
| <input type="checkbox"/> | Wholemeal Tuna Mayo Sandwich <small>(contains: Wheat, Fish, Eggs) (may contain: Sesame, Soya)</small> | | | ♥ | ↑ |
| <input type="checkbox"/> | White Tuna Mayo Sandwich <small>(contains: Wheat, Fish, Eggs) (may contain: Sesame, Soya)</small> | | | ♥ | ↑ |
| <input type="checkbox"/> | Wholemeal Cheese & Pickle Sandwich <small>(contains: Milk, Wheat, Sulphites) (may contain: Sesame, Soya)</small> | ✓ | | ♥ | ↑ |
| <input type="checkbox"/> | White Cheese & Pickle Sandwich <small>(contains: Milk, Wheat, Sulphites) (may contain: Sesame, Soya)</small> | ✓ | | ♥ | ↑ |
| <input type="checkbox"/> | Vegetarian Finger Food Platter (contains: Milk, Egg, Wheat) | ✓ | | | ↑ |
| <input type="checkbox"/> | Meat Finger Food Platter (contains: Milk, Egg) | | ⊗ | | ↑ |
| VEGETABLES & POTATOES (Choose 2 of the following) | | | | | |
| <input type="checkbox"/> | Baked Beans | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Garden Peas | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Skin on Chipped Potatoes | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Creamed Potatoes (contains: Milk) | ✓ | ⊗ | ♥ | |
| ACCOMPANIMENT | | | | | |
| <input type="checkbox"/> | Gravy | ✓ | ⊗ | | |
| DESSERTS (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Ginger Pudding with Orange Sauce (contains: Milk, Wheat, Eggs) | ✓ | | | ↑ |
| <input type="checkbox"/> | Mandarins in Natural Juice | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Cheese Spread & Crackers <small>(contains: Milk, Wheat) (may contain: Sesame, Eggs)</small> | ✓ | | | ↑ |
| DESSERT ACCOMPANIMENT (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Vanilla Ice Cream (contains: Milk) | ✓ | ⊗ | | ↑ |
| <input type="checkbox"/> | Custard (contains: Milk) | ✓ | ⊗ | | ↑ |

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| STARTER (Choose 1 of the following) | | VG | GF | HH | HC |
|--|--|----|----|----|----|
| <input type="checkbox"/> | Celery Soup (contains: Milk, Celery) | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Orange Juice | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Apple Juice | ✓ | ⊗ | ♥ | |
| MAIN COURSE (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Wholemeal Ham Sandwich (contains: Wheat, Barley) (may contain: Sesame, Soya) | | | ♥ | ↑ |
| <input type="checkbox"/> | White Ham Sandwich (contains: Wheat, Soya) (may contain: Sesame) | | | ♥ | ↑ |
| <input type="checkbox"/> | Wholemeal Egg Mayo Sandwich (contains: Wheat, Barley, Mustard, Eggs) (may contain: Sesame, Soya) | ✓ | | ♥ | ↑ |
| <input type="checkbox"/> | White Egg Mayo Sandwich (contains: Wheat, Eggs, Mustard, Sesame, Soya) | ✓ | | ♥ | ↑ |
| <input type="checkbox"/> | Chicken Korma (contains: Milk, Mustard, Sulphites) (may contain: Nuts, Peanuts) | | ⊗ | | ↑ |
| <input type="checkbox"/> | Quorn Patties in Tomato & Basil Sauce (contains: Milk, Barley, Wheat, Celery, Eggs) | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Vegetarian Finger Food Platter (contains: Milk, Egg, Wheat) | ✓ | | | |
| <input type="checkbox"/> | Meat Finger Food Platter (contains: Milk, Egg) | | ⊗ | | |
| <input type="checkbox"/> | Jacket Potato & Baked Beans | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Jacket Potato & Grated Cheese (contains: Milk) | ✓ | ⊗ | ♥ | ↑ |
| <input type="checkbox"/> | Grated Cheddar Cheese Salad (contains: Milk) (may contain: Mustard) | ✓ | ⊗ | ♥ | ↑ |
| VEGETABLES & POTATOES (Choose 2 of the following) | | | | | |
| <input type="checkbox"/> | Creamed Potatoes (contains: Milk) | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Boiled New Potatoes | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Cauliflower, Broccoli & Carrot Medley | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Steamed White Rice | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Seasonal Side Salad (may contain: Mustard) | ✓ | ⊗ | ♥ | |
| DESSERTS (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Strawberry & Vanilla Swirled Mousse (contains: Milk) | ✓ | ⊗ | ♥ | ↑ |
| <input type="checkbox"/> | Full Fat Yoghurt (contains: Milk) | ✓ | ⊗ | ♥ | |
| <input type="checkbox"/> | Carrot Cake Slice (contains: Wheat, Eggs) (may contain: Milk, Nuts, Soya) | ✓ | | | ↑ |
| DESSERT ACCOMPANIMENT (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Vanilla Ice Cream (contains: Milk) | ✓ | ⊗ | | ↑ |
| <input type="checkbox"/> | Satsuma | ✓ | ⊗ | ♥ | |

