
















































Patient's Name.....Bay Number.....
Ward.....Bed Number.....

 = Healthier Choice |  = High Calorie |  = Vegetarian |  = No Gluten Ingredients
































































▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

| | STARTER <i>(Choose 1 of the following)</i> | VG | GF | HH | HC |
|---|--|---|---|---|---|
| <input type="checkbox"/> | Carrot & Coriander Soup <small>(contains: Wheat) (may contain: Milk, Mustard, Celery, Eggs, Soya)</small> | | |  | |
| MAIN COURSE <i>(Choose 1 of the following)</i> | | | | | |
| <input type="checkbox"/> | Fisherman's Pie (with a Pastry Top) <small>(contains: Milk, Wheat, Celery, Sulphites, Fish, Crustaceans, Eggs)</small> | | |  |  |
| <input type="checkbox"/> | Quorn & Mushroom Chilli <small>(contains: Barley, Celery, Eggs)</small> |  | | |  |
| <input type="checkbox"/> | Ham Salad <small>(may contain: Mustard)</small> | |  | | |
| <input type="checkbox"/> | Turkey Salad <small>(may contain: Mustard)</small> | |  |  | |
| <input type="checkbox"/> | Grated Cheddar Cheese Salad <small>(contains: Milk) (may contain: Mustard)</small> |  |  | |  |
| <input type="checkbox"/> | Wholemeal Ham Sandwich <small>(contains: Wheat, Barley) (may contain: Sesame, Soya)</small> | | | | |
| <input type="checkbox"/> | White Ham Sandwich <small>(contains: Wheat, Soya) (may contain: Sesame)</small> | | | | |
| <input type="checkbox"/> | Wholemeal Egg Mayo Sandwich <small>(contains: Wheat, Barley, Mustard, Eggs) (may contain: Sesame, Soya)</small> |  | | |  |
| <input type="checkbox"/> | White Egg Mayo Sandwich <small>(contains: Wheat, Sesame, Mustard, Eggs, Soya)</small> |  | | |  |
| <input type="checkbox"/> | Vegetarian Finger Food Platter <small>(contains: Milk, Egg, Wheat)</small> |  | | |  |
| <input type="checkbox"/> | Meat Finger Food Platter <small>(contains: Milk, Egg)</small> | |  | |  |
| VEGETABLES & POTATOES <i>(Choose 2 of the following)</i> | | | | | |
| <input type="checkbox"/> | Diced Swede |  |  |  | |
| <input type="checkbox"/> | Cut Green Beans |  |  |  | |
| <input type="checkbox"/> | Jacket Potato |  |  |  | |
| <input type="checkbox"/> | Creamed Potatoes <small>(contains: Milk)</small> |  |  |  | |
| <input type="checkbox"/> | Steamed White Rice |  |  |  | |
| DESSERTS <i>(Choose 1 of the following)</i> | | | | | |
| <input type="checkbox"/> | Bread & Butter Pudding <small>(contains: Milk, Wheat, Eggs, Soya)</small> |  | | |  |
| <input type="checkbox"/> | Apricots in Natural Juice |  |  |  | |
| <input type="checkbox"/> | Cheese Spread & Crackers <small>(contains: Milk, Wheat) (may contain: Sesame, Eggs)</small> |  | | |  |
| DESSERT ACCOMPANIMENT <i>(Choose 1 of the following)</i> | | | | | |
| <input type="checkbox"/> | Vanilla Ice Cream <small>(contains: Milk)</small> |  |  | |  |
| <input type="checkbox"/> | Custard <small>(contains: Milk)</small> |  |  | |  |

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 = Healthier Choice |  = High Calorie |  = Vegetarian |  = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

| | STARTER (Choose 1 of the following) | VG | GF | HH | HC |
|--|---|---|---|---|---|
| <input type="checkbox"/> | Broccoli & Stilton Soup (contains: Milk, Celery) |  |  |  | |
| <input type="checkbox"/> | Orange Juice |  |  |  | |
| <input type="checkbox"/> | Apple Juice |  |  |  | |
| MAIN COURSE (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Wholemeal Chicken Mayo Sandwich (contains: Wheat, Sesame, Eggs) (may contain: Soya) | | |  |  |
| <input type="checkbox"/> | White Chicken Mayo Sandwich (contains: Wheat, Eggs) (may contain: Sesame, Soya) | | |  |  |
| <input type="checkbox"/> | Wholemeal Cheese & Onion Sandwich (contains: Milk, Wheat, Barley, Eggs) (may contain: Sesame, Soya) |  | |  |  |
| <input type="checkbox"/> | White Cheese & Onion Sandwich (contains: Milk, Wheat, Barley, Eggs) (may contain: Sesame, Soya) |  | |  |  |
| <input type="checkbox"/> | Pork & Butterbean Casserole (contains: Milk) | |  | |  |
| <input type="checkbox"/> | Mushroom & Spinach Risotto (contains: Celery, Sulphites, Milk) |  |  |  | |
| <input type="checkbox"/> | Vegetarian Finger Food Platter (contains: Milk, Egg, Wheat) |  | | | |
| <input type="checkbox"/> | Meat Finger Food Platter (contains: Milk, Egg) | |  | | |
| <input type="checkbox"/> | Jacket Potato & Baked Beans |  |  |  | |
| <input type="checkbox"/> | Jacket Potato & Grated Cheese (contains: Milk) |  |  |  |  |
| <input type="checkbox"/> | Grated Cheddar Cheese Salad (contains: Milk) (may contain: Mustard) |  |  |  |  |
| VEGETABLES & POTATOES (Choose 2 of the following) | | | | | |
| <input type="checkbox"/> | Creamed Potatoes (contains: Milk) |  |  |  | |
| <input type="checkbox"/> | Broccoli Florets |  |  |  | |
| <input type="checkbox"/> | Croquette Potatoes (contains: Wheat) |  | |  | |
| <input type="checkbox"/> | Seasonal Side Salad (may contain: Mustard) |  |  |  | |
| DESSERTS (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Raspberry Ripple Mousse (contains: Milk) |  |  |  |  |
| <input type="checkbox"/> | Full Fat Yoghurt (contains: Milk) |  |  |  | |
| <input type="checkbox"/> | Bakewell Cake Slice (contains: Wheat, Soya) (may contain: Milk, Sesame, Eggs) |  | | |  |
| DESSERT ACCOMPANIMENT (Choose 1 of the following) | | | | | |
| <input type="checkbox"/> | Vanilla Ice Cream (contains: Milk) |  |  | |  |
| <input type="checkbox"/> | Apple |  |  |  | |