

Patient's Name.....Bay Number.....  
Ward.....Bed Number.....

= Healthier Choice = High Calorie = Vegetarian = Textured E Fork Mashable

**MARK AGAINST ONE ITEM ONLY FROM EACH SECTION**

During your stay in hospital it is important that you have enough calories and protein to aid your recovery. You can choose any of the foods on our menus, which are all suitable for normal and diabetic diets

- 1. Roast Pork in Gravy   
*(Contains, Wheat, Gluten, Soya)*
- 2. Cauliflower & Broccoli Pasta   
*(Contains, Wheat, Milk)*
- 3. Cottage Cheese   
*(Contains, Milk)*
- 4. Fishcakes   
*(Contains, Fish, Gluten, Milk, Mustard, Wheat)*
- 5. W/meal Cheese & Pickle Sandwich   
*(See Packaging for allergy advice)*

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- 6. Fresh Sliced Carrots
- 7. Fresh Leeks
- 8. Mixed Salad
- 9. Baked Beans

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- 10. Creamed Potatoes   
*(Contains, Milk)*
- 11. Roast Potatoes   
*(Contains, Milk)*

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- 12. Sultana Sponge   
*(Contains, Wheat, Egg)*
- 13. Stewed Apples
- 14. Vanilla Ice Cream   
*(Contains, Milk)*

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- 15. Custard   
*(Contains, Milk)*

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- 16. Fresh Apple

**SPECIAL DIETARY ADVICE**

**Special diets**

If you require a special diet, the ward staff will order it for you.

Gluten Free, Low Salt and Vegan menus are available from the nursing staff who will print a copy off for you from the Trusts Intranet pages.

**Food Allergens**

All food allergens deliberately added to foods we serve are identified in brackets directly below the listed menu items

**Cultural and Religious Meals**


Kosher, Halal and Caribbean meals are available from the kitchen on request



**Please advise of special diet requirements here:-**

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- 1. Fresh Homemade Lentil & Vegetable Soup  V  
*(Contains, Celery, Soya)*

**SANDWICH CHOICE**







- Corned Beef  2. White  3. W/Meal 
- White (Contains, Wheat, Soya, Gluten)*  
*W/Meal (Contains, As above plus Barley)*

- Egg Mayo  4. White  5. W/Meal  
- White (Contains, Wheat, Soya, Gluten, Egg, Mustard)*  
*W/Meal (Contains, As above plus Barley)*

**HOT MEAL CHOICE**

- 6. Chicken in Tomato & Mushroom Sauce   E
- (Contains, Wheat)*
- 7. Vegetable Curry   VE
- (Contains, Celery, Soya, Wheat, Mustard)*

- Finger Food Platter  8. Meat  9. Vegetable  
*(Please contact kitchen for allergy advice)*

- 10. Boiled Rice  VE
- 11. Baked Beans   VE
- 12. Mixed Salad  V
- 13. Creamed Potatoes  VE
- (Contains, Milk)*
- 14. Boiled Potatoes  VE

- 15. Strawberry Mousse  V
- (Contains, Milk)*
- 16. Egg Custard Tart  V
- (Contains, Egg, Milk, Wheat, Gluten, Nutmeg)*
- 17. Mandarins in Natural Juice  VE
- 18. Low Fat Fruit Yoghurt  VE
- (Contains, Milk)*
- 19. Vanilla Ice Cream  VE
- (Contains, Milk)*
- 20. Cheddar Cheese & Crackers  V
- (Contains, Gluten, Milk)*

- 21. Fresh Satsuma  V

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**Your experience**

We would like you to tell us what you think about the food service. Please fill out the questionnaire overleaf and hand to a member of the ward staff. Your comments will be used to help us develop our menus and provide you with a high quality service.

**Please advise of special diet requirements here:-**