

Patient's Name.....Bay Number.....  
Ward.....Bed Number.....

= Healthier Choice    = High Calorie    = Vegetarian    = Textured E Fork Mashable

**MARK** **AGAINST ONE ITEM ONLY FROM EACH SECTION**

During your stay in hospital it is important that you have enough calories and protein to aid your recovery. You can choose any of the foods on our menus, which are all suitable for normal and diabetic diets

- 1. Chicken in Creamy Mustard Sauce   
*(Contains, Mustard, Wheat, Milk)*
- 2. Cheese, Potato & Leek Bake   
*(Contains, Wheat, Milk)*
- 3. Egg Mayonnaise   
*(See Packaging for allergy advice)*
- 4. Cumberland Sausages   
*(Contains, Wheat, Gluten, Sulphites)*
- 5. W/meal Corned Beef & Tom Sandwich   
*(See Packaging for allergy advice)*

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- 6. Fresh Savoy Cabbage
- 7. Garden Peas
- 8. Mixed Salad
- 9. Baked Beans

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- 10. Creamed Potatoes   
*(Contains, Milk)*
- 11. Boiled Rice

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- 12. Creamed Rice Pudding   
*(Contains Milk)*
- 13. Fruit Salad in Natural Juice
- 14. Vanilla Ice Cream   
*(Contains, Milk)*

**SPECIAL DIETARY ADVICE**

**Special diets**

If you require a special diet, the ward staff will order it for you.

Gluten Free, Low Salt and Vegan menus are available from the nursing staff who will print a copy off for you from the Trusts Intranet pages.

**Food Allergens**

All food allergens deliberately added to foods we serve are identified in brackets directly below the listed menu items

**Cultural and Religious Meals**

Kosher, Halal and Caribbean meals are available from the kitchen on request


**Please advise of special diet requirements here:-**

- 15. Fresh Banana

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- 1. Fresh Homemade Broccoli & Stilton Soup**  **V**  
*(Contains, Celery, Soya, Milk)*

**SANDWICH CHOICE**

- Salmon**  **2. White**  **3. W/Meal**  **↑**  
*White (Contains, Wheat, Soya, Gluten, Fish)*  
*W/Meal (Contains, As above plus Barley)*

- Cheese & Tomato**  **4. White**  **5. W/Meal** **↑ V**  
*White (Contains, Wheat, Soya, Gluten, Milk)*  
*W/Meal (Contains, As above plus Barley)*

**HOT MEAL CHOICE**

- 6. Meatballs in Tomato Sauce** **↑ E**  
*(Contains, Wheat, Egg, Celery, Mustard)*
- 7. Jacket Potato & Grated Cheese**  **V E**  
*(Contains, Wheat, Milk)*

**Finger Food Platter**  **8. Meat**  **9. Vegetable**  
*(Please contact kitchen for allergy advice)*

- 10. Garden Peas**  **V E**
- 11. Mixed Salad**  **V**

- 12. Creamed Potatoes**  **V E**  
*(Contains, Milk)*

- 13. Boiled Rice**  **V**

- 14. Orange Milk Jelly** **↑ V**  
*(Contains, Milk)*

- 15. Jam Tart** **V**  
*(Contains, Egg, Wheat, Gluten)*


- 16. Apricots in Natural Juice**  **V E**

- 17. Low Fat Fruit Yoghurt**  **V E**  
*(Contains, Milk)*

- 18. Vanilla Ice Cream** **↑ V E**  
*(Contains, Milk)*

- 19. Cheddar Cheese & Crackers** **↑ V**  
*(Contains, Gluten, Milk)*

- 20. Fresh Apple**  **V**

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**Your experience**

We would like you to tell us what you think about the food service. Please fill out the questionnaire overleaf and hand to a member of the ward staff. Your comments will be used to help us develop our menus and provide you with a high quality service.

**Please advise of special diet requirements here:-**