

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

▼ **MARK AGAINST ONE ITEM ONLY FROM EACH SECTION**

- 1. Beef Lasagne** DΔ
(Contains, Wheat, Milk)
- 2. Peppered Mackerel** ♥DR
(Contains, Fish)
- 3. Cauliflower Cheese** VDA
(Contains, Wheat, Milk, Mustard)
- 4. Fishcakes** DΔ
Contains, Fish, Gluten, Milk, Mustard, Wheat)
- 5. Wholemeal Cheese & Tomato Sandwich** VD
(See Packaging for allergy advice)

- 6. Green Beans** ♥ VDRF
- 7. Mixed Salad** ♥ VDRF
- 8. Baked Beans** ♥ VDRF

- 9. Creamed Potatoes** ♥ VDRF
(Contains, Milk)
- 10. Boiled Potatoes** ♥ VDRF

- 11. Apple Cake** DΔ
(Contains Wheat, Egg)
- 12. Sugar Free Apricots** VDRF
- 13. Vanilla Ice Cream** VD
(Contains, Milk)
- 14. Low Fat Fruit Yoghurt** ♥ VF
(Contains, Milk)
- 15. Fresh Satsuma** ♥ VDRF

- 16. Custard** VFA
(Contains, Milk)
- 17. Sugar Free Custard** ♥ VDRF
(Contains, Milk)

MARK WITHIN BOX NEXT TO CHOSEN FOOD



♥
Cholesterol Lowering / Healthy Heart

V Vegetarian

D Low Sugar

F Low Fat

R Weight Reducing

Δ High Calorie

ADVISE OF SPECIAL DIET HERE

For Cultural & Religious Diet information Please see back of menu card.

Large print menu available upon request.

Fresh fruit is available on request from the ward staff

We try to provide the listed menu items but occasionally items may be subject to change

Patient's Name.....Bay Number.....
Ward.....Bed Number.....

- 1. Fresh Homemade Tomato & Basil Soup** ♥ VDRF
(Contains, Celery, Soya, Wheat, Milk)

- SANDWICH CHOICE**
- Egg Mayonnaise 2.0 White 3.0 W/Meal** ♥ VDF
White (Contains, Wheat, Soya, Gluten, Egg, Mustard) W/Meal (Contains, As above plus Barley)
- Tuna Flakes 4.0 White 5.0 W/Meal** ♥ DFR
White (Contains, Wheat, Soya, Gluten, Fish) W/Meal (Contains, As above plus Barley)

- HOTMEAL CHOICE**
- 6. Pasta in Creamy Cheese Sauce** DΔ
Contains, Wheat, Milk, Celery)
- 7. Vegetable & Bean Cottage Pie** VD
(Contains, Milk)
- Finger Food Platter 8.0 Meat 9.0 Vegetable**
(Please contact kitchen for allergy advice)

- 10. Fresh Baton Carrots** ♥ VDRF
- 11. Grilled Tomatoes** ♥ VDRF
- 12. Mixed Salad** ♥ VDRF

- 13. Creamed Potatoes** ♥ VDRF
(Contains, Milk)
- 14. Boiled Potatoes** ♥ VDRF

- 15. Raspberry Milk Jelly** VΔ
(Contains, Milk)
- 16. Apple Pie** VΔ
(Contains, Wheat, Gluten)
- 17. Peaches in Natural Juice** ♥ VDRF
- 18. Low Fat Fruit Yoghurt** ♥ VF
(Contains, Milk)
- 19. Vanilla Ice Cream** VD
(Contains, Milk)
- 20. Cheddar Cheese & Crackers** VFA
(Contains, Gluten, Milk)

- 21. Fresh Apple** ♥ VDRF

MARK WITHIN BOX NEXT TO CHOSEN FOOD



♥
Cholesterol Lowering / Healthy Heart

V Vegetarian

D Low Sugar

F Low Fat

R Weight Reducing

Δ High Calorie

ADVISE OF SPECIAL DIET HERE

We want you to let us know what you think about the food and meal service. Please fill out the questionnaire overleaf to help us provide you with a high quality service.