

## Emergency call bells

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Each room is fitted with an emergency call bell should you need assistance in an emergency. A red emergency triangle is located in the main room pull this if there is an emergency with the baby. An emergency pull cord is located in the ensuite beside the toilet, these will alert the nursing team to an emergency in your room.

## What should I do if the fire alarm sounds?

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If the fire alarm sounds, please stay in your room close all your doors and windows. A member of the neonatal team will contact you to advise of the need to evacuate, and where to go, if required.

## Smoke free hospital

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The Royal United Hospital NHS Trust is a Smoke free hospital and smoking is not permitted anywhere in the neonatal unit, the parent garden or the parent suite, or anywhere on the hospital site.

Parents found smoking will be asked to vacate the room, as this is a breach of the safety of the unit and the babies we are caring for.

**RUH**

Parent Information

## Neonatal Unit Parent Accommodation

### Facility and safety information



## Neonatal Unit Parent Accommodation

The neonatal unit has four parent bedrooms; these rooms are for the use of carers of babies who are getting ready for going home. It may also be required at times for parents of extremely unwell babies.

### What is the room like?

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The room has a double bed, chair, wardrobe, set of drawers, bedside tables. There is a built in TV and ensuite shower room with toilet. There is access to the garden directly from your room.

### Who can stay?

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Both parents or a significant other (supporting person – like a Grandparent or friend) are welcome to stay; we do not have facilities for siblings to stay overnight. During your stay in the parent accommodation you are welcome to have visitors to you and your baby. But please make sure that the nurse caring for you and your baby is aware of this for fire safety.

### Parents coffee room

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If you need to leave the room for coffee or meals out, please bring your baby back to the nursery.

Alternatively you may wish to bring food in from home, which you can store in the fridge in the Parents Coffee room. (Make sure that you label it with your name and the date).

There is a microwave for warming meals and also hot and cold water for making drinks. We supply tea, coffee, milk and sugar which is for parents use only. Please do not take your baby into this area due to the hot liquids. This room is for parents use only.

There is a jug in your room which you can fill with cold water. You should not have hot drinks near your baby.

### What happens when I stay?

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You are welcome to take your baby straight to the room, provided that it is ready for use.

A member of the nursing team will be allocated to attend to your baby. At the beginning of each shift we will introduce ourselves.

The shift change over is at 07:30 hours and 19:30 hours. Normally the night shift will visit you shortly after they start, usually between 20:00 – 21:30, but this will depend on the other babies in their care.

We ask you record all the feeds on a feeding chart, as well the wet and dirty nappies. If you have any questions or concerns please just ask us.

A plan will be made for your baby(s) overnight, with the nurse caring for you. Telephone contact is available to the unit should you require assistance. In the event of an emergency all rooms are fitted with an emergency call bell.

### Telephones

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Each room has a telephone; this phone is for you to make calls to the neonatal unit to discuss your baby with the nurse looking after you during your stay. The number you need to dial for the neonatal unit is 1850. This will go straight through to the nurses' desk. The phone does not accept incoming calls from outside of the hospital.