

# Planning your Radiotherapy treatment

## Your planning appointment

- To plan your Radiotherapy treatment, you will need to have a specialised CT (Computerised Tomography) scan. The CT scanner uses x-rays to obtain detailed images of inside of the body; these images are then used by a team of Radiographers, Physicists and Doctors to plan your treatment.
- **Even if you have had a CT scan recently you will still be required to have another scan in the treatment position to accurately plan your treatment.**
- A radiographer will collect you from the main Oncology waiting area (A12) and explain the procedure to you.
- You may be asked to remove some of your clothing; this will enable the radiographers to accurately position you. A gown will be available if required.
- You will be then asked to lie on a couch which will pass through the hole of the CT scanner; the couch will pass in and out of the scanner while it obtains detailed images of you. You will not touch the scanner at any point and you should remain still and breathe normally during the scan (unless asked to do otherwise). This will take around 10-15 minutes.
- The CT scan itself is painless, relatively quiet and open. (not like an MRI scanner).
- During the CT scan the radiographers can see and hear you at all times via a connecting window and intercom.

- Pen marks will be made on your skin (which can be washed off). With your permission permanent reference marks (tattoos) will be made to allow the radiographers to accurately set you up for your treatment.

**Please tell the radiographer if you have any of the following:**

- Pacemaker.
- Implantable Cardioverter-Defibrillator (ICD/AICD).
- Implantable Loop Recorder (ILP/ICM).
- Any other implantable device.
- If you have mobility issues.
- **Women who are or might be pregnant must inform a member of staff before the CT scan takes place.**

## Radiotherapy Department contact details

Telephone: 01225 824853

Monday-Friday 8am-3:30pm

Website: [www.ruh.nhs.uk/patients/services/radiotherapy](http://www.ruh.nhs.uk/patients/services/radiotherapy)

Royal United Hospitals Bath NHS Foundation Trust

Combe Park, Bath BA1 3NG

01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email [ruh-tr.PatientAdviceandLiaisonService@nhs.net](mailto:ruh-tr.PatientAdviceandLiaisonService@nhs.net) or telephone 01225 825656.