

Hydrocortisone Cream 1%

Hydrocortisone cream 1% is a cream that is applied to the skin to soothe inflamed skin in the treatment area.

Instructions for use

- Clean the area of skin with cooled boiled water to which a pinch of salt can be added if required.
- Ensure there is no powder in the affected area.
- Apply to sore/itchy areas of your skin.
- Apply sparingly twice a day, morning and evening may be beneficial.
- Wash your hands after each use.
- Do not use with any other creams or lotions for 2 hours following application of hydrocortisone cream.
- STOP using immediately if your skin breaks.
- You can use hydrocortisone for more than 7 days but no longer than 4 weeks.
- STOP using hydrocortisone when your symptoms stop.
- Can be stored in the fridge.

Radiotherapy department contact details

Telephone: 01225 824853 Monday-Friday 8am-3:30pm

Website: www.ruh.nhs.uk/patients/services/radiotherapy

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.