

Completion of Superficial Radiotherapy

When you attend for your final radiotherapy treatment a radiographer will advise you of the arrangements for your follow up appointment. The appointment will usually be posted to your home address.

Follow up _____

How to care for your skin after treatment.

It is best not to cover with a bandage or plaster. If the area is bleeding, weeping or unsightly, cover with a non- adhesive foam dressing. Do not put sticking plaster on the treated area . If you have any worries about your skin reaction, we may suggest that you contact your GP.

The skin will become red and sore during the treatment period. A thick crusty scab will form over the treatment area, when the scab falls off there will be healthy skin underneath. This may take as long as 6-8 weeks.

If you have radiotherapy to a part of the body that has hair, you may have had some hair loss. The hair will start to grow back some time after treatment has finished.

The skin in the treatment area will always be more sensitive in the sun, therefore use a high factor sun block in the area and wear a large brimmed hat when you are out in the sun.



Radiotherapy department contact details

Telephone: 01225 824853

Monday-Friday 8am-3:30pm

Website: www.ruh.nhs.uk/patients/services/radiotherapy

Other useful phone numbers/websites

Bath RUH cancer information centre: (01225) 82 4049

Macmillan: www.macmillan.org.uk
08088 080000

Life after cancer PocketMedic® have produced some patient information videos, available at www.medic.video/swe15-cancer (Life after cancer)

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath BA1 3NG
01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.