

## Information from Speech and Language Therapy New Thickened Fluids in the RUH







Thickened fluids are changing! We will no longer refer to Stages 1, 2 or 3. We will make recommendations using Levels 1 - 4.

New tins of Nutilis Clear will have a **red sticker** on the top, new descriptions on the side, and a new **green scoop**, although the powder in the tin is not changing.



All patients with thickened fluids will be given new recommendations on **Monday, 14<sup>th</sup> May 2018**. Old tins of Nutilis Clear will be removed and replaced with the new tins on the same day.

The new levels do not match any old stages, so all patients will be reassessed and given new recommendations. **All YOU need to do is check the yellow sheet and follow the instructions on the tin for the recommended level.**

New Thickened Fluid Levels					
Level	Level 0	Level 1	Level 2	Level 3	Level 4
					
<b>No. of scoops in 200mls (new green scoop)</b> 	0 scoops	1 scoop	2 scoops	3 scoops	7 scoops
<b>Description</b>	Thin	Slightly Thick	Mildly Thick	Moderately Thick	Extremely Thick

If a patient is admitted with old recommendations (i.e. **stages** 1, 2 or 3), please refer to Speech and Language Therapy for assessment. We will need to update recommendations to **levels** 1, 2, 3 or 4.

Pre-thickened supplements are not changing yet – if you need to prescribe a supplement to someone on a thickened fluid please contact SLT or Dietetics to confirm which one is suitable.

For more information, visit the Speech and Language Therapy intranet page or the new framework's website: <http://iddsi.org/>. For clinical questions regarding specific patients, please refer using Millennium or call the SLT team on extension 4333.