

# RUH NHS Foundation Trust Referrals

## Orthodontics

**Orthodontics at the RUH NHS Foundation Trust is a consultant led service and accepts the following referrals:**

- Patients who fit into IOTN categories 4 and 5 and are less than 18 years of age, unless requiring multidisciplinary care.
- Multidisciplinary treatment involving combined orthodontic care in association with oral and maxillofacial surgery / oral surgery/ paediatric dentistry / restorative dentistry.
- Patients requiring multidisciplinary management as a result of craniofacial anomalies or developmental anomalies, as opposed to dental disease.
- Second opinions, following a previous orthodontic consultation.
- Sleep apnoea on tertiary referral from Respiratory Medicine or ENT.

**Please note new patients should be referred only if they fulfil the following criteria:**

- The patient should be referred at the appropriate age
- The patient's dental care must be adequate. Excellent oral hygiene and careful diet control are essential before any orthodontic appliances are placed in the mouth. If these fundamental criteria are not met then severe periodontal and tooth damage can occur during treatment
- Caries under control, except when advice is being sought on extractions – for example the interceptive extraction of deciduous or first molar teeth
- Patient motivation, if it is considered that appliances, either removable or fixed, are needed this should be discussed with the patient prior to referral.

**The Orthodontic Referral form available on the website must be used in all cases and the information to be included is:**

- The reason for referral – utilising the IOTN criteria where appropriate
- Previous dental history which would include an indication of teeth with a poor long-term prognosis, previous orthodontic consultations/ treatment and any previous history of dental trauma.

- Where relevant, please include any recent radiograph of diagnostically acceptable quality.

**Replacement retainers** - we are unable to replace / repair retainers free of charge. If requested we can provide replacement retainers or repair fixed retainers but a charge will be incurred by the patient.