

Using Domperidone + Ibuprofen/Aspirin/Paracetamol for Migraine Attacks

How do these tablets work?

These tablets act in different ways to counter three main problems of migraine. The tablets are meant to be taken together and complement each other.

Domperidone. During a migraine attack the stomach is affected which inhibits the absorption of tablets in to the blood stream. There is often associated nausea. Domperidone reduces the nausea and helps to absorb medication in to your blood stream. Only available on prescription.

Ibuprofen and **Aspirin** are anti-inflammatories which reduce the inflammation component of migraine.

Paracetamol is a useful pain-killer which alleviates the pain component of migraine.

Do these tablets have side effects?

All tablets have a number of listed side effects which you will find in the medication packets. However, side effects are rare.

Do these tablets interfere with any other medication I might take during an attack?

These tablets don't interfere with other migraine medication which can be taken in addition if needed.

How should I take them?

You should take:

Domperidone 10 mg x one tablet

+

Soluble Aspirin 300 mg x three tablets

or...

Ibuprofen 600 mg – effervescent (on prescription) or liquid capsules

or...

Soluble Paracetamol 500 mg x three tablets (if you cannot take aspirin/ibuprofen)

Although these dosages are slightly higher than normally recommended, it is important to get the blood levels of these tablets up to adequate levels quickly at the earliest indication of an attack. If vomiting is a problem, ask your doctor for Domperidone and anti-inflammatory suppositories.

Can I take this dose again?

After four hours if your headache returns after a successful first dose, you can take:

Domperidone 10 mg x one tablet

+

Soluble Aspirin 300mg x one tablet or Ibuprofen 600 mg

or...

Soluble Paracetamol 500 mg x one tablet

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