

Episcleritis

Contact Details

If you have any questions please telephone the RUH Emergency Department on

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.PatientAdviceandLiaisonService@nhs.net
or telephone 01225 825656.

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EPISCLERITIS

What is Episcleritis?

Episcleritis is a common, harmless but often recurrent condition usually affecting young adults.

Features

The white of the eye becomes red with swollen blood vessels usually at the inner or outer corner and may ache or become tender to touch.

Treatment

Often the condition resolves on its own within 2-3 weeks but sometimes weak steroid or other drops may be prescribed if there is a lot of discomfort.