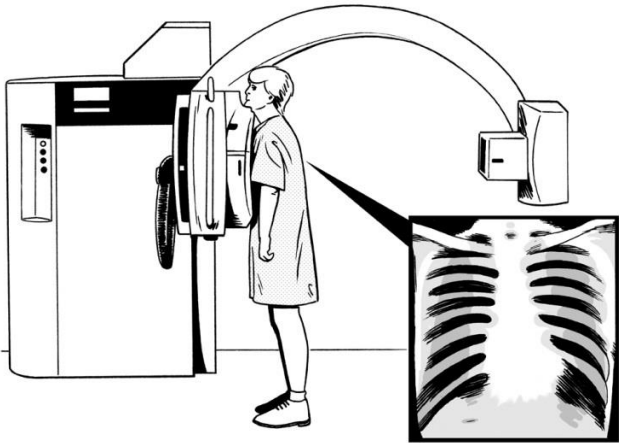


# Having a Plaster Cast





If your bone is broken, the doctor may ask you to have an x-ray.



If you have a broken bone, you will need a plaster cast to heal your bone.



The Nurse will explain to you what we are going to do.



We will put a bandage on you to protect your arm.



The plaster is dipped in water before they put on your arm.

You may feel warm as bandage goes hard.



After the plaster is on you will be told how to look after your plaster and when to come back.



Pick up a leaflet on how to look after your plaster.



If you have a broken leg, you may need to use crutches to help you walk.



If you have a broken arm you may need a sling.



For showering and bathing there are special covers you can buy.

## Having your Plaster cast taken off



Plaster cast has to be cut off with a machine.

The machine makes noise and vibrates.



The machine cuts the hard plaster but not the soft padding. It is safe.



We will use scissors to cut your cast.



We will use a tool to spread open your cast and remove it.



You will then see the doctor to check everything is ok.



You will then be able to go home.

Royal United Hospitals Bath NHS Foundation Trust  
Combe Park, Bath BA1 3NG  
01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

If you would like some more help please contact Patient Advice and Liaison Service (called PALS for short). PALS can also help you tell the nurses and doctors what you think of your care. Email [ruh-tr.PatientAdviceandLiaisonService@nhs.net](mailto:ruh-tr.PatientAdviceandLiaisonService@nhs.net) or telephone 01225 825656.