

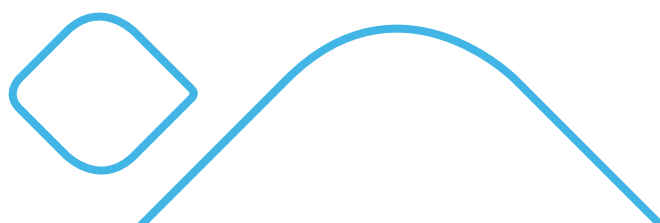
Areolar Tattoo

Instructions for aftercare

- After 24 hours, the area should be washed with mild soap and water and exposed to the air when possible
- Do not soak in the bath
- Do not scrub the tattoo site
- Temporary inflammation around the tattoo is common for the first day or two
- Crusting may appear and it is important not to pick at this or soak it off, as the scab may take the colour with it
- Apply Vaseline sparingly to the area at night
- When the area is healed(usually 7-10 days),you can apply a simple, non- perfumed moisturiser each day
- The tattoo should not be exposed to sunlight for at least 2 weeks in order to prevent sunburn or pigment change
- To prevent the pigment from fading ,sunscreen(factor 15 or above)should be applied when sunbathing. Do not expose the tattoo to the UV light from sun beds
- Swimming in the first few weeks, is to be avoided in order to prevent the tattoo pigment from “leaking out.”Also, during this period of time time,avoid taking hot baths,saunas or any other heat treatment.Vaseline can be used as a barrier cream.

Do not have laser treatment to the tattoo area, otherwise it will go black.

If you have any questions or concerns, please call Karen Read, Support Worker or the Breast Clinical Nurse Specialists on 01225 824057(Mon. to Fri. 8am-6pm).



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If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

Date of publication: 15/06/2023 | Ref: RUH BRU/014
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