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## **Media Release**

Love Yourself - Get Tested

With Valentine's Day approaching, the Royal United Hospitals Bath NHS Foundation Trust Sexual Health Service is asking people to get tested for free for HIV and other STIs.

There is a free walk-in session on Saturday 16<sup>th</sup> February at The Riverside Clinic, James Street West, Bath. Anyone aged 18 or over with no symptoms who would like to be tested for HIV and other STIs is being encouraged to come along between 9.15am -12.00pm.

Dr Kate Horn, Consultant in Sexual Health and HIV Medicine, said: "Our team are all very friendly and easy to talk to. We pride ourselves on our non-judgemental, confidential service. A routine check-up for STIs is free, quick and very straightforward. Think of it as an 'MOT'! We look forward to seeing you on Saturday 16th February."

Not everybody with a sexually transmitted infection (STI) shows signs or symptoms of the infection. If left untreated, STIs may result in serious and difficult-to-treat complications. Chlamydia is the most common bacterial STI diagnosed in England (accounting for 46.1% of all STIs diagnosed in 2015). About 70% of infected females and 50% of males will not have any obvious signs or symptoms or they may be so mild they are not noticed.

Dr Horn said: "Getting tested routinely allows for early diagnosis and treatment which reduces the likelihood of complications."

You can read more information here <a href="http://www.ruh.nhs.uk/sexualhealth">http://www.ruh.nhs.uk/sexualhealth</a>

## **Ends**



## Notes to Editor:

- The Royal United Hospitals Bath NHS Foundation Trust provides acute treatment and care for a
  catchment population of around 500,000 people in Bath, and the surrounding towns and villages in
  North East Somerset and Western Wiltshire. The hospital provides healthcare to the population
  served by four Clinical Commissioning Groups: Bath & North East Somerset CCG, Wiltshire CCG,
  Somerset CCG and South Gloucestershire CCG.
- The Trust provides 759 beds and a comprehensive range of acute services including medicine and surgery, services for women and children, accident and emergency services, and diagnostic and clinical support services.
- In 2015 The Royal United Hospitals NHS Foundation Trust acquired the Royal National Hospital for Rheumatic Diseases (RNHRD) NHS Foundation Trust. The RNHRD treats patients from across the country offering services in rheumatology, chronic pain and chronic fatigue syndrome/ME, cancer related fatigue and fatigue linked to other long term conditions such as multiple sclerosis.
- The RUH is changing we have an exciting programme of redevelopment underway transforming our site and further improving the services we provide. The Trust is now building a purpose-built RNHRD and Therapies Centre and working towards new Dyson Cancer Centre. For more details visit: www.ruh.nhs.uk/about/fit for the future
- For more information about the Royal United Hospitals Bath NHS Foundation Trust visit: www.ruh.nhs.uk

