



cleanyourhands®
campaign

Hand hygiene standards

Hand gel or hand wash is performed when:

- Handling sterile goods
- Handing out medication
- Entering the ward
- Leaving the ward
- Pushing bed / trolley / chair
- Stripping a non soiled bed
- Having patient contact (e.g. hand shake, patient examination)
- Setting up O2, Nebulizers
- Performing observations (TPR & BP)
- Setting up IVI, giving injections, IVs
- Performing phlebotomy / cannulation





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Hand hygiene standards

Hand wash with soap and water is performed when:

- Your hands look or feel dirty
- Performing direct care with patients with C.diff or viral diarrhoea and vomiting
- Disposing of clinical waste
- Handling food (including own meals)
- Cleaning beds / furniture
- Washing patients, personal care
- Dealing with bodily secretions
- Handling bedpans, commodes
- Suctioning, tracheostomy care
- Handling infected wound dressings
- Handling soiled linen
- Performing aseptic procedures

