RUH Patient Instructions

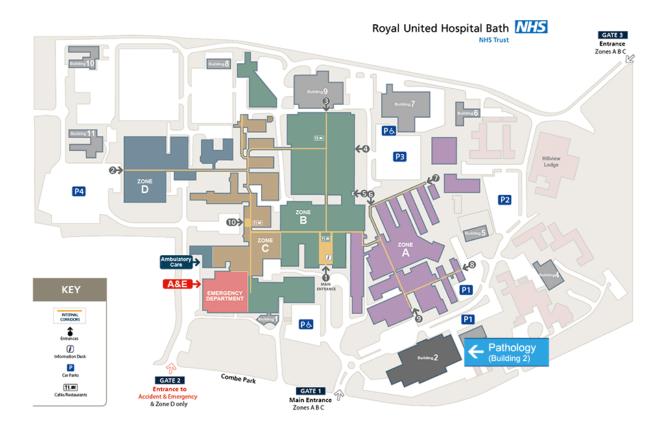
Collection of semen for fertility analysis

- 1. Telephone the Laboratory on 01225 824721 between 9am and 5pm to arrange an appointment for reception of your sample. Please note there are no facilities for production of a specimen at the laboratory.
- 2. Refrain from sexual activity including masturbation for 2-4 days before the test, but try not to leave it any longer because this can decrease sperm motility.
- 3. Before producing your sample please wash your hands and penis carefully. The specimen must be produced by masturbation directly into the container provided (a condom must not be used). The whole of the specimen is needed and care should be taken not to lose any.
- 4. After collection replace screw cap, making sure it is tightly closed and write your name and date of birth on the label along with the date and time of collection. Check that this information is also on the request form. SAMPLES WHICH ARE NOT LABELLED WILL NOT **BE ANALYSED**
- 5. The specimen must be produced and brought to the laboratory within one hour of production. Samples received later than 1 hour will be analysed but consequently some results may be less accurate. Keep specimen warm – trouser pocket is ideal.
- 6. Please note that when you bring your sample to the laboratory you will be given a form which will ask for some supplementary information. Please complete straight away and hand to reception staff with your specimen.

How to find us - please see over

Healthcare you can Trust

Finding the Pathology Department at the RUH



From Combe Park enter the Hospital at the Main Entrance (entrance nearest to Weston village and the only entrance with traffic lights)

At mini roundabout bear right (second exit)

Pathology building entrance is 100 metres up on right hand side

Go to Pathology Main Reception leave specimen with reception staff

DIRECTORATE OF PATHOLOGY Please reply to Cytology Department Direct Line: 01225 824721

Fax No: 01225 825510