One Stop Postmenopausal Bleeding Clinic

This one-stop clinic has been functioning for last several years to expedite and streamline investigation and management of Postmenopausal bleeding. The clinic is equipped to perform trans-vaginal ultrasound scan and outpatient hysteroscopy where necessary and appropriate.

Patients can be electronically referred to PMB clinic either as “soon” (seen within 4-6 weeks) or “urgent” (seen within 2 weeks) referrals. Although it is impossible to be precise about risk of malignancy in any individual cases, following classification reflects general experience and is meant as a rough guide for prioritising referrals.

Significant risk of Malignancy (5 % or more) for “urgent” referral

1. Elderly women (over 75 years) with significant bleeding (more than spotting or discharge)
2. Recurrent episodes of bleeding over a period of more than 2 - 4 weeks
3. Episodes of postmenopausal bleeding over a prolonged period (over 3 months or more)
4. Women with pelvic mass or any other symptoms of malignancy like weight loss
5. Bleeding after previous genital tract malignancy

Low risk of malignancy (2% or less) for “soon” referral

1. Younger peri-menopausal women with one-off episode of bleeding
2. Postmenopausal bleeding while on HRT
3. On –off bleeding while on Tamoxifen or other SERMs or aromatase inhibitors
4. Spotting / blood stained discharge in the presence of vaginal ring / shelf pessary
5. Recurrent bleeding when previous endometrial biopsy or hysteroscopy has been negative in the preceding year
6. Bleeding after previous hysterectomy for benign pathology